

# American Red Cross Babysitter's Training— Developed for Youth 11 – 15 years old

Babysitter's Training has been newly revised by the American Red Cross with input from youth just like you. The course is fun and fast-paced with hands-on activities, exciting video, role-plays and lively discussions.

You'll learn to be the best babysitter on the block. Plus, you'll gain the confidence to make smart decisions and stay safe in any babysitting situation.

You'll learn how to:

- Supervise children and infants
- Perform basic child-care skills such as diapering and feeding
- Choose safe, age-appropriate games and toys
- Handle bedtime and discipline issues
- Identify safety hazards and prevent injuries
- Care for common injuries and emergencies such as choking, burns, cuts and bee stings
- Communicate effectively with parents
- Find and interview for babysitting jobs

*Impress parents by earning your  
Babysitter's Training certificate from the  
American Red Cross.*



*"As a Red Cross-trained babysitter, you  
have an awesome opportunity to help  
your family and neighbors . . . and pick  
up some valuable skills, too!"*

*Raven-Symoné  
Actress/Singer and American Red Cross  
Celebrity Cabinet Member*

## Cool Take-Home Training Materials Help You Get the Job Done Right



At your Babysitter's Training class, you'll receive excellent materials to help you be prepared and professional, including:

- **Babysitter's Training Handbook**— full-color handbook filled with great information and resources to use in class and on the job.
- **Babysitter's Training Emergency Reference Guide**—this easy-to-carry, compact booklet provides step-by-step instructions to handle common emergencies.
- **Babysitter's Training CD-ROM**—provides tools to run your babysitting business, including a babysitting organizer, a printable activity booklet with games, crafts, songs and recipes, a resume template and more.

### Babysitter's Training Available at Layton City Recreation

**Date & Time:** Session 3: June 22 & 23, 9:00am – 12:00pm  
Session 4: July 13 & 14, 1:00pm – 4:00pm

**Location:** Layton City Parks and Recreation Training Room, 465 N Wasatch Dr

**Cost:** \$40.00

Register at the Parks and Recreation office or online at [www.laytoncity.org](http://www.laytoncity.org)  
For questions call Michelle Howard, Special Events Coordinator, 801-336-3924  
Register early. Class space is limited.

