



# **Layton City Surf 'n Swim**

## **American Red Cross Lifeguard Certification Course**

## **Class Information**

**Session Length:** Two Weeks

Days Held: Tuesday, Thursday, and Saturday

Times Held: Tuesday & Thursday – 5:00pm to 9:00pm

Saturday – 9:00am to 2:00pm

Homework: Online book work will be required outside of listed times above

**Cost:** \$180.00

Location: Layton City Surf 'n Swim, 465 North Wasatch Drive

Register: online at www.laytoncity.org or in-person at the Layton City Parks and Recreation Department during open business hours

(8:00am to 5:00pm, Monday -Friday).

#### **Upcoming Class Dates:**

Lifeguard 24-01: February 6, 8, 10, 13, 15, 17 (pre-test January 30, 7pm to 9pm)

Lifeguard 24-02: March 5, 7, 9, 12, 14, 16 (pre-test February 27, 7pm to 9pm)

Lifeguard 24-03: April 9, 11, 13, 16, 18, 20 (pre-test March 26, 7pm to 9pm)

(registration opens January 1) (registration opens February 1) (registration opens March 1)

\*Class size is limited, reserve your spot early! Minimum of 6 participants required to hold the class\*

#### **Class Information**

#### **Pre-Requisite:**

The pre-test will be held the Tuesday listed above, from 7:00pm – 9:00pm. Any student that does not pass the pre-test will be issued a full-refund. Those who pass the pre-test will be given access to the online bookwork 48 hours after they pass to start preparing for the class the following week.

#### **Pre-Test Requirements:**

Students must be at least 15 years old and able to complete:

- 300 yard continuous swim (100 yard front crawl, 100 yard breast stroke, & 100 yard swimmers choice of front crawl or breast stroke)
- 10lb brick retrieval at 8' depth
- 2 minute water tread, kick only (no hands)

#### **Includes:**

Use of manuals and materials for class; Certifications (Upon successful completion) Please note you will need a device of your own to access online material

### **Parks & Recreation**

Surf 'n Swim

Office 801-336-3900 | Museum 801-336-3930 | Surf 'n Swim 801-336-3939

Website: www.laytoncity.org | Facebook: www.facebook.com/LaytonCity

465 North Wasatch Drive, Layton, UT 84041 | Office Hours: Monday - Friday, 8am to 5pm

