## FUN FOOD StORAGE FOR FAMILIES



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## DATE: March 20, 2019

## 437 NORTH Wasatch DRIVE

TIME: 6:00-7:30 PM





Many of us are working continually to be more self-reliant every day. Part of that process is to have some food storage on hand for everyday emergencies or even a large-scale disaster. As a working mom, a great food storage room makes my life easier every day, (even without a catastrophe!) Buying in bulk makes great sense from a budget perspective as well. However, this can be a daunting task. Often I hear concerns of wasted food, not knowing how to prepare what we've stored, troubles with inventory (How much do I buy?!) and frustrations of dusty, disorganized cellars.

This class will give you the help you need to address each of those issues. We'll also help you make it a fun family project and part of your lifestyle. You'll learn how to balance long term storage with foods your family eats all the time. You'll learn how to use food storage as a tool to make your life easier, NOT more complicated.