WHY CERT?

Every year there are communities that fall victim to some catastrophic event or disaster. A disaster may take the form of an earthquake, a flood, high winds, a blizzard or a so-called "man-made" disaster. During catastrophic events, the public's immediate life safety needs will greatly exceed the City's police, fire and emergency medical response capabilities. Individuals and neighborhoods will need to care for themselves until outside help is available. The purpose of CERT training is to provide citizens with the basic skills to handle virtually all their own needs, and then respond to their community's needs in the aftermath of a disaster.

WHAT IS CERT?

CERT stands for Community Emergency Response Teams and consists of a 24-hour course, usually taught 1 night a week for 9 weeks. Classes are taught by trained personnel, including firefighters. The course agenda is as follows:

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<th>WEEK 1</th>
<th>Disaster Preparedness</th>
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<td>Fire Safety and Utility Controls</td>
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<td>WEEK 3</td>
<td>Disaster Medical Operations (Part I)</td>
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<td>WEEK 5</td>
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<td>WEEK 9</td>
<td>Course Review, Final Exam, &amp; Disaster Simulation</td>
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WHAT ARE THE COURSE OBJECTIVES?

Upon completion of the course, the participants will be able to:

- Describe the types of hazards that are most likely to affect their homes and community.
- Describe the function of CERT and their role in immediate response.
- Take steps to prepare themselves for a disaster.
- Identify and reduce potential fire hazards in their home or workplace.
While working as a team, apply basic fire suppression strategies, resources, and safety measures to extinguish a burning liquid.
Apply techniques for opening airways, controlling bleeding and treating for shock.
Conduct triage under simulated disaster conditions.
Perform head-to-toe assessments.
Select and set up a treatment area.
Employ basic treatments for various wounds and apply splints to suspected fractures and sprains.
Identify planning and size-up requirements for potential search and rescue situations.
Describe the most common techniques for searching a structure.
While working as a team, use safe techniques for debris removal and victim extrication.
Describe ways to protect rescuers during search and rescue.

**WHO SHOULD TAKE THE COURSE?**
Private citizens, businesses and schools who desire the skills and knowledge required to prepare for and respond to a disaster.

**HOW MUCH DOES IT COST?**
The cost is $25 per person to cover the costs of medical supplies, personal protective equipment, and other costs.

**HOW DO I REGISTER FOR A COURSE?**
Contact Natalie Tholen at 336-3940, ntholen@laytoncity.org to find out about scheduled courses in Layton City, or Laytoncity.org for online registration. Courses are taught at various times throughout the year. Each course is limited to about 35 participants.

**ARE THERE OTHER OPPORTUNITIES FOR INVOLVEMENT?**
Contact Natalie Tholen (336-3940) at Layton City to find out about volunteer course management and teaching opportunities. Pre-requisite training is required. Recruit interested people from your neighborhood, school or business. Suggested groups to recruit include: Homeowners associations, neighborhood watch groups, religious groups and similar organizations that are geographically distributed within the local area.

*The Community Emergency Response program is sponsored throughout Utah by the Utah Commission on Volunteers and the Utah State Citizen Corps Council.*