Happy New Year

Layton Today wishes all of you the best for 2019 and beyond!

COURTESY

January 2019 Vol. 1 No. 7

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THE SITE PLAN (above) for renovations in the Ed Kenney Amphitheater and Heritage Museum plaza show the changes to come to this gathering place in Layton.

AN ARTIST RENDERING, at right, shows what the new plaza will look like when construction is completed. Access to both the amphitheater and the museum will remain available throughout the construction process.

Layton begins amphitheater plaza renovation

A new project is starting that will make dramatic changes to the grounds around the Ed Kenney Amphitheater and Heritage Museum at Layton Commons Park. A new plaza project has been approved to renovate the north entrance to both the Amphitheater and the Museum, as well as the surrounding park.

The plaza project focuses on improving and expanding areas around the north entrances. The Amphitheater’s north entrance will have an expanded gateway into the facility and matching rod iron fencing extending along the west side. There will also be a new gateway entrance into the Heritage Museum. The restrooms will be expanded to more than triple the current capacity. The restrooms will also include heating elements to allow the building to remain open to park visitors throughout the winter. A pavilion will be built to include a ticket booth, merchandise booth, concession stand, as well as covered seating and a patio. The plaza expansion will extend from the parking lot at the Layton City Center to the entrance of the Heritage Museum, and will include raised planters, benches, bistro lighting, and patio seating.

This project was developed by Layton City, in partnership with the Davis Arts Council, and Heritage Museum. The project was designed by Arch Nexus and the construction will be done by Ascent Construction. Construction for the project will begin at the first of the year and is anticipated to be complete this summer. Construction access to the Amphitheater and Museum will be available throughout the project. Amphitheater events, amphitheater rentals, as well as all Davis Arts Council programming will continue throughout the summer, including the Summer Nights with the Stars Concert Series, Free Sunday Concert Series, and the Free Friday Film Series. This important project is possible because of the financial support of the Layton City Recreation, Arts, Museum, and Parks (RAMP) fund.

GREAT PEOPLE, GREAT HAPPENINGS!

There are so many wonderful stories to tell about the residents of Layton, as well as the history of the community. We’re telling a few more of them again this month in Layton Today. You’ll also find some humor and some food for thought in our columnists’ contributions this month.

We hope you’re enjoying Layton Today. If you have a story idea or want to share your feedback, contact managing editor Tom Haraldsen at tharaldsen@davisclipper.com. Let us know how we’re doing! And once again, Happy 2019 to you all!
LAYTON DISPATCHERS:
The ‘first, first’ responders to emergencies

The “first responders” to emergencies in Layton City often aren’t actually firefighters or policemen, but rather Layton dispatchers. When residents dial 911, Layton dispatchers respond and send help.

“Keep calm and carry on,” said Retiree Pron, Communications Manager for the Layton Police Department, who also manages the City’s dispatch center, says dispatchers have a lot of pride in what they do.

“They are the first, first responders, the people that gather information, provide instructions or reassurance, and stay with you until police or firefighters arrive,” he stated. “They care deeply about what they do and the people they serve.”

One Layton Dispatcher is a prime example of that.

“I grew up loving 911 Dispatchers,” said Dawn S. Shumway, one of Layton’s 911 Dispatchers. “Not many kids do, usually there are kids who say they want to grow up to be a police officer, or a firefighter, but not a 911 dispatcher.

However, my mom was a 911 Dispatcher in Weber (County) and of course I wanted to be just like her when I was a young elementary aged child. I even wrote about it when I was in school and visited a couple centers.”

After Shumway graduated from high school, she attended UVU on a scholarship studying business. Then, after completing a year of college, she returned to her hometown of Logan and was getting ready to attend Utah State University. While she was searching for a job she could do while attending college, she stumbled across a dispatcher job opening at Layton City.

“So, at just 18 years old I applied to be a 911 dispatcher and got the job,” she stated. “Now here I am 15 years later, still loving it. I have been with Layton for the past 8-1/2 years. Sometimes I think it is funny, maybe even fate, how it all kind of fell into place as if this childhood dream planted a seed that turned into this career I am passionate about.”

Layton dispatchers work four 10-hour shifts a week. Many also work overtime, since there has to be a sufficient number of dispatchers on duty to handle the workload when someone is sick or on vacation. Every Layton dispatcher goes through extensive training – 18 weeks of classroom and on-the-job training before they are taking calls or working a police or fire radio channel by themselves. Training includes several certifications, including: Emergency Medical Dispatcher (EMD); CPR; and POST Dispatcher certification. (Police Officer Standards and Training is the same organization that certifies officers. Dispatch has its own curriculum.) However, although dispatchers don’t require significant formal education, there is a tremendous amount of information they have to learn.

“Each dispatcher needs to be able to handle every type of call imaginable, from a routine barking dog call to something as challenging as helping someone do CPR on their baby or giving potentially life-saving instructions during a shooting or house fire,” Kuehn stated.

He continued: “And not only handle the call – but do so perfectly every time, as an error could mean the injury or death of a person.”

The inside of Layton’s emergency call center.

Layton has a ‘stormy’ weather history

The horrendous spring storm in 1910

A horrendous spring storm struck Northern Utah just after midnight on April 3, 1910 and “Little town of Layton suffers to a large extent” was a headline in the Salt Lake Tribune of April 3, 1910.

“Salt Lake Valley visited by another fierce storm,” was the main headline. A 72-mile per hour wind was reported on the Lucin Cut Off in the Great Salt Lake.

It was like a hurricane, as rain, snow, thunder and lightning battered the area.

Another big storm had battered Layton almost six years earlier on the evening of July 28, 1904. According to the Deseret Evening News of July 29 that year, the storm knocked down the power lines in Layton. The result was no power in downtown Salt Lake City. All streetcars stopped, the lights were out and a concert in progress in the Salt Lake Tabernacle was canceled.

The Layton lines were quickly repaired.

Still another east wind struck again, about two years later, in 1906 and caused heavy damage to the First National Bank in Layton.

Yet another big storm hit Layton on March 30, 1978. A lightning bolt hit an LDS Church meetinghouse in town, causing the metal steeple on top of the building to be peeled like a banana. Windows in a dozen nearby homes were also shattered.

However, this was not the worst lightning damage that had ever occurred to an LDS meetinghouse. On July 25, 1936 lightning struck the Layton
**Students MAKE Resolutions**

*We asked students at Layton High what their New Year's Resolutions and goals for the year were. Here's what they said:

“My goal is to get through Christmas first, then I can keep working on my goal to graduate with a 4.0.”

*Caden Gomez – 10th grade*

“I want to let the people I love know I care about them more often.”

*Bradley Seager – 12th grade*

“My goal is to improve my grades, my decision making skills, and my relationships with friends and family.”

*Dasha Sogoloff – 12th grade*

“I want to get on top of my homework and stop procrastinating!”

*Trinity Lake – 11th grade*

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**A RECENT STORM DROPPED** about 6 inches of snow in Layton.

The greatest snow depth ever recorded in Layton

What is the greatest snow depth ever recorded in Layton City? According to the Western Regional Climate Center (www.wrcc.dri.edu), from Dec. 25-31, 2003, there was a major snow period for northern Utah. And the most snow along the Wasatch Front was found on the Layton bench, which piled up 51 inches. That could be the greatest depth ever recorded.

One shortcoming in the area is that none of the official weather recording stations are in Layton’s borders.

Historically, it was the winter of 1948-1949 that is considered the most severe ever record in Layton City and most of the region. That winter was not only the coldest on record, it also produced record snowfall.

Source: Western Regional Climate Center (www.wrcc.dri.edu)

**STORMY**

*Continued from page 2*

Ward Chapel and set the entire roof ablaze. All the building’s woodwork was destroyed and the fire even spread to a nearby haystack. Layton’s volunteer firemen worked all night, but the building was a total loss.

This chapel was located just northeast of the Bamberger Stop in Layton, not far from Gentile and Main streets. (On Oct. 22, 1940, the Syracuse LDS meetinghouse also caught fire and the Layton Fireman fought the flames for 11 hours, but that church building was also a total loss.)

“Church fires are our jinx,” Joseph W. Ware, Layton’s Fire Chief told the Salt Lake Telegram newspaper on July 24, 1941. “Our two biggest fires were churches and both were total losses.”

Thanks to $5,000 insurance money, the Layton Ward was soon rebuilt and was even expanded with an amusement hall.

In recent years, gusting, strong winds have produced the most storm damage in Layton City.

(Additional source: “Utah Weather” by Mark Eubank, 1979.)
New school board member will put students first

by Becky GINOS
Layton Today

LAYTON—Marie Stevenson loves the classroom. That passion for school is what the former teacher intends to bring to the Davis Board of Education as one of its newest members come January.

“I want to be a voice for the students and teachers,” said Stevenson. “Students are number one to me. My whole reason for running was to make sure we have safe, successful and confident students. The teachers’ plate is just full – I want to help.”

Stevenson will take over Precinct 6 from current board member Mona Andrus who did not seek reelection. It covers West Layton, all of Syracuse and some of Clearfield.

“I worry about children’s mental health,” she said. “I want them to be able to face the day and say ‘I can do this, I can do hard things.’ I want every student to go to school and think ‘I’m going to have a good day.’ If I can do that we’ll be good.”

Stevenson has been in education for 40 years. When she retired at 30 years, she said after the classroom door closed she just sobbed. “Then the next year the principal called and said ‘we need you,” she said. “I went back for a year that turned into 10 years. I can’t impress enough how much I love teaching.”

She was selected as Teacher of the Year in 2005. “We got $10,000 to use at the school,” said Stevenson. “The kids wanted to put in a pool at Layton Elementary.”

Marie Stevenson will be sworn in as a new school board member on Jan. 8, 2019.

Stevenson hopes to bring a new voice to the board. “It’s a team but I like to hear all opinions,” she said. “We’ve got to get back to spending more time on what’s best for students and care about them. I want to do what’s best for parents too but we’re deciding for all students across the board.”

Andrus leaves big shoes to fill, she said. “I have a lot to learn. I look forward to working with the board. They’re good people to spend the next four years with.”

In addition to teaching, Stevenson has held district positions such as mentor for elementary teachers and Administrative Intern. “But my love was the classroom,” she said. “I love, love, love the classroom.”

An elderly resident was seen walking slowly in a snowy area, indicating she might need assistance. She was warmly greeted by a neighbor who helped her clear a path of snow.

Safety is very important to Stevenson. “It’s huge to me,” she said. “Parents shouldn’t have to worry when they send their kids to school.”

Overcrowding is another issue the district is facing. “There is a lot of growth, especially in my district,” she said.

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Be mindful of the elderly in your neighborhood

Are there any elderly residents, or widows in your neighborhood? Layton City would like to remind residents to keep an eye on their senior citizen neighbors – especially during the winter season.

Warning signs that something might be wrong could include:
- Does the elderly person notice any unexplained odd smells?
- Are they able to move their own trash can to the curb?
- Do they need assistance keeping their driveway and sidewalks clear of snow?
- Are they able to travel to the grocery store, doctor’s office themselves, or does someone else already assist them with such travel? If you are already going to the store, see if they need you to pick up anything for them.
- Do they receive regular visits from family, friends, or other neighbors? If not, a friendly visit by you could brighten their day.
- Consider making an emergency contact list of your elderly neighbors and contacting them during an emergency to make sure they are OK.
Happy New Year to Reds, Blues and Purples!

The opinions stated in this article are solely those of the author and not of Layton Today.

Among the Christmas cards I received this year is one from dear friends offering a message that resonated amid the troubling headlines of the day. I wish I had written it – but at least I can pass it on to you. Thank you for the wonderful message K., J., and O.

There is no doubt that this has been one of the most exciting and puzzling years for our family. If the news, editorial programs posing as news, and even our own Facebook feeds are to be believed, there is only BLUE and RED in our country. What’s more, we’re being pulled further and further apart from each other at breakneck speed.

The echoes of the so-called War on Christmas? It’s that magical time of year for celebrating and giving. “Tis the season to be jolly, fa la la la la, fa la la la la.”

Think about it. There’s always Christmas for the kids and grandparents. The most important may be that we are keenly aware of how much we don’t understand in this world. We know that we love you no matter your color, and we invite you to join us in honoring your values by honoring the values of those who don’t believe as you do.

“Join us in making 2019 ‘The Year of PURPLE’ (or lavender, if you are so inclined). In 2019, let’s sing, laugh, and celebrate; cope, cry, and heal; create, ignite, and distinguish; find common ground…and strive to carefully discern between ‘right’ and ‘right for us.’

“Put your screen down for a day. Lose your phone for a week. Or don’t…it’s your 2019.

“Different truly does equal amazing. We, two bleeding heart blues and one too-young-to-decide, love and cherish the spectrum of color you bring into our world. And we thank you for honoring us by making it to the end of this pious, self-important rant. GO PURPLE!”

And along with this message, I also send on a wish for a healthy, happy, and inspiring 2019 – for reds, blues, and purples.

High Intensity Interval Torture

The opinions stated in this article are solely those of the author and not of Layton Today.

If you heard a loud groan echoing through the stratosphere, it wasn’t our planet finally imploding, it was the sound of millions of people rolling off their couches to start an exercise program for the new year. Maybe they want to lose 10 pounds, run a 5K – or maybe even a marathon if they think they’re some kind of freakin’ super hero.

Some people hit the ground running. (I hit the ground every time I run. That’s why I stopped running.) Others might take a gradual approach, adding an extra 5 minutes each day until, like me, they’re exercising for 5 minutes each day.

But some folks lunge directly into extreme exercise – trying to punish themselves into health, beating muscles into submission and then talking about it NONSTOP. There’s no one worse to talk to than someone who just discovered CrossFit.

And people who do Parkour? Intolerable. They jump from buildings, swing from trees, climb walls and don’t touch the ground for 24 hours. When I was a kid, this was called, “Don’t step in the lava,” and we’d jump from couch to end table to piano bench to bookshelf to the safety of the kitchen floor. Now, it’s basically an Olympic sport.

There’s always a new health fad that promises to SHRED fat, BURN calories, BUILD muscles and DESTROY abs. (And they mean destroy in a good way.) Spokespeople are usually tree trunks with heads and are as hyped as a toddler mainlining Mountain Dew. If you trace exercise craziness back to its roots, you’ll find Jack LaLanne, the great-grandfather of fitness, and the first person to make everyone feel super crappy about their bodies. Jack LaLanne didn’t wear a shirt for 40 years. Before that, humans were basically douchy people who didn’t give a rip about biceps.

Then, Jane Fonda high-kicked her way into the fitness industry, wearing high-cut leotards, leg warmers and terry-cloth armbands to fashionably wipe the sweat from her brow. She had a gajillion housewives burning calories with her VHS tapes, starting to holiday trains, and dragon flies to nutcrackers.

But some folks just combust, literally. Our child’s magical, bright eyes of what makes this season incredible: the fitness center will warm up for an hour, a weight-lifting class for an hour, a weight-lifting class for an hour and Zumba their way into intensive care.

Here’s the thing. Overtraining is dangerous. It can leave you moody and fatigued, it saps your immune system, contributes to insomnia and makes you a cranky $%#*. There’s even been an increase in rhabdomyolysis, which is not rhino abs (like I thought). It’s muscle tissue breaking down from overuse. It can make your pee dark-red! Ew.

I get it. Everyone wants a beach body, even though that term doesn’t really narrow it down. Walruses live on beaches. Whales have often been found on beaches. And even though I’m a Cancer, I’d rather not have the body of a crab.

So before you roll off your couch this year, maybe set a fitness goal that doesn’t involve throwing tractor tires or leaping out a second-floor window. Mostly because your body will be healthier, but also because I don’t want to hear you talk about it.

Happy New Year to Reds, Blues and Purples!
Celeste Gleave ‘thinks big and acts bigger’

by Heather STEWART
Layton Today

Celeste Gleave is the leader of a business and two nonprofits — with another startup organization in the works. She is a sought-after speaker and a mentor who wakes up in the middle of the night to advise women entrepreneurs who live in opposite time zones. “My motto is ‘think big and act bigger,’” said Gleave, who grew up in Layton and Ogden in the shadow of Hill Air Force Base, and is the founder and CEO of FIVE STAR, Inc., a defense contracting company.

Gleave began developing her company in 1991 after she left the army and was looking for a way to make a living as a self-employed entrepreneur. She eventually found a niche for FIVE STAR, Inc. selling snow and deicing chemicals to the military. The defense contracting industry is highly competitive, and Gleave worked hard to set herself apart. She attained small business and woman-owned business certifications, and she jumped through hoops to learn how to do business with the federal government. “I completely covered myself in certifications,” she laughed.

As her business grew, she became involved in Utah’s business community. Gleave joined the Utah Supplier Development Council, worked with the Governor’s Office of Economic Development and served with the Women’s Business Resource Council at the Salt Lake Chamber.

She also became active at Hill Air Force Base, “working side by side with civilians at the base, as well as the military leaders there.” She was an Honorary Wing Commander at the base, and then served a year as the Honorary Wing Commander for the 419th Fighter Wing. Those activities led to her selection by the Joint Chiefs of Staff at the Pentagon to serve as the Civic Leader for the Air Force – a role that saw her working alongside the Joint Chiefs with an Honorary Three-Star status.

During all this time, as her business grew and she volunteered as a civilian with the military, she also became widely sought after as a speaker and a mentor. She spoke at corporate events and on the radio and television. “I was always getting involved in others’ businesses,” she said. “Early on, I wanted to share what I’d learned with other women.”

Her work with the military also opened her eyes to problems women veterans were experiencing — problems like rampant sexual assault within the military and rising rates of suicide and homelessness among women veterans. She knew she had to do something, and the idea for a nonprofit organization began to grow.

Gleave began developing SHEROES United in 2009, and the organization held its first military event in 2011. Gleave said the organization provides “a soft landing place for women to come and share their stories.”

These days, SHEROES United provides education, training, mentoring and leadership opportunities to women. The organization operates from three pillars: abolishing human and sex trafficking, eradicating domestic violence and supporting women warriors (women in the armed services, police work and other first-responder positions). Gleave said the nonprofit has tapped into a deep global need, and it quickly became an internationally focused organization. For example, SHEROES has worked with Congolese refugees in Italy and conducted humanitarian missions in India.

Most recently, Gleave’s attention has become focused on another effort, her “I Am A Superwoman” campaign, which offers a message of female empowerment. This new campaign recently held an Equality & Empowerment Summit featuring “some of the most unbelievably brave women” on the planet, said Gleave, who is in the process of planning three more global events.

With an influential reach that spans Europe, India and Africa and is growing by the day, “This small-town girl from Layton is now heading a global movement,” Gleave said.

Layton Resident Celeste Gleave has created non-profits and speaks nationwide on behalf of worthy causes.

$2,000 OFF IMPLANTS
A New Smile In Just One Day!*
Youth court provides growth on both sides of the bench

by Louise R. SHAW

LAYTON—“It really showed me what people go through,” said one student of her experience as a member of the Layton Youth Court. “I used to judge people. Now I have more awareness.”

The 13-year-old is one of 25 youth participating in this year’s youth court, now in its 21st year in the city. Similar courts have been established in Kaysville and Syracuse, and 20 other cities in Utah.

“This gives them experience as leaders and teaches them how to take charge and ask questions, how to not be afraid, how to think outside the box and how to have compassion,” said Karlene Kidman, who has directed the program since its inception in September 1998.

Kidman has a degree in sociology with an emphasis in juvenile delinquency. Besides directing the Layton court, she is president of the Utah Youth Court Association and active in the national and global youth court associations.

“I’ve always been interested in helping kids and in why kids do the things they do,” she said.

As director of the youth court program, she has seen kids learn compassion and help the young offenders — their peers — “get back on the right track and turn their life around so they don’t make the same bad choice again,” she said. “They’re not bad kids, they just made a bad choice.”

Over the years, 623 youth have participated as members of the youth court, hearing more than 1,857 cases.

Eleven percent of the participants have a sibling who has also served on the court and 7 percent came through the system as offenders, or, the preferred term: respondents.

“I was once on the opposite side,” said one young man, now a member of the youth court (not pictured). “It’s affected my life really well and I wanted to help others in the same way everyone helped me.”

Young people can be referred to the youth court if they have committed misdemeanors, infractions or status offenses. These could include vandalism or retail theft, curfew violation or truancy, trespass or simple assault, or charges of underage use of alcohol or tobacco.

Shoplifting is an offense often brought before the youth court, according to Kidman.

The youth can be referred to the youth court by police officers in local schools, patrol officers or the schools themselves, said Kidman. Parents can also refer their children.

Members of the court meet in the city hall chambers. They alternate the roles of judge, bailiff, clerk.

Layton City News

JANUARY 2019

NEWS FROM THE CITY OF LAYTON, UTAH
Shovel Out Mailboxes

Keep all mailbox approaches snow-free

The United States Postal Service wants to remind all Layton residents that it’s your job to keep the snow cleared in front of your mailbox. Carriers need to be able to deliver your mail without dismounting from their vehicle. So, if the snow piles up at the edge of the street in front of your mailbox, please make the effort to keep a full approach clear. That means a 30-foot-wide street clearance for many mailboxes. Those who do not keep mailbox approaches clear may have their mail held at the Post Office until the situation is corrected.

For more information, go to: www.usps.com

Get Social With Us!

Are you interested in knowing when register your children for a certain sport? Do you like knowing when road closures are happening throughout the City? Is keeping up to date on all the fun activities in the City important to you? All of this information and more is posted daily on Layton City’s social media accounts. Like and follow us on Facebook, Twitter and Instagram. #LaytonLife

Court

Continued from page 1

and mentor.

After reading through the charges together, they invite the respondent in, along with parents, to tell his or her side of the story. The youth is then excused and parents could be asked additional questions before also being led out by the bailiff. Youth judges then discuss what “disposition” to apply, based on “restorative justice principles.”

Those principles are aimed at helping the youth “take responsibility, be held accountable, and make restitution and connect to the community,” according to Kidman. The disposition could include writing a letter of apology, doing research, completing community service, attending classes, receiving tutoring, paying restitution or other assignments that fit the crime.

Kidman recalls the reaction of one young woman, a mother, who came before the youth court for tobacco possession. She was assigned to research the effect of second-hand smoke on a child and when she came back to court her mother, the grandmother, was furious, recalls Kidman. What the young mother learned resulted in her not only quitting smoking herself, but insisting her mother didn’t smoke near the child.

“It was very powerful, the impact of what she had learned,” said Kidman.

Another youth said he would never smoke marijuana again after being assigned to research its effects.

Community service is often required. To date, more than 31,000 hours of service have been given to the community by youth offenders and hundreds of quilts have been donated to the domestic violence shelter in Kaysville and other organizations.

After determining the disposition, the individual and parents are brought back into the court and presented with the decision of the judges. They are then given a time frame to accomplish the assignments and a date is set for them to return and report on fulfilling the assignment.

Some offenders are assigned to attend a “Choices” class, taught entirely by their peers.

“It’s for any student we feel needs special attention on how to make better choices,” said one 16-year old. “We talk about peer pressure, drugs and alcohol, why we have laws and why we should follow them, plus morals and the value of education.”

“I’ve seen drastic changes in behavior in the eight-week class,” she said. “They just treat me and others better.”

The course helps kids determine whether something is legal, whether it is respectful to self or others, and whether there is a possibility of a good outcome before making choices, said Kidman.

Youths on both sides of the bench take a confidentiality oath, and though they may see someone at school that they have worked with in court, the judges never approach them unless they are approached first. They offer smiles and support but are committed not to share what happens outside the courtroom.

Each respondent is also assigned a contact from among members of the court, to guide them and answer questions as they fill their assignments.

“It’s someone to let them know if they ever need help they can reach out and get help,” said Kidman.

“We do exit surveys and 90 percent say they have changed their behavior for the better,” she said. “Where 99 percent of parents say their kids have changed.”

One student judge said she had initially thought of a career in law. Now she wants to go into business but to use her volunteer time to engage a different way. “I want to help others and plan to volunteer at a shelter,” she said.

Being on the court during her high school years was “the best decision I’ve ever made,” said Kim Rimington, now a student at USU. “It’s so cool to watch the youth as they become better people through this program,” she said.

And Kidman is impressed by the contributions and growth of the students on the other side of the bench.

The teens involved in youth court are “doing a great service in the community,” she said. “I am very proud of them.”
NEW LAYTON CITY BUSINESSES – NOVEMBER

**Beehive Buildings**
1183 W Marshall Way, Ste 1
801-710-6711
Owners: Garrett & Camille Nichols
Business Type: Building contractors
Website: [https://www.beehive-buildings.com/](https://www.beehive-buildings.com/)
Business Description: Beehive Buildings constructs traditional and multi-purpose pole buildings for both residential and commercial properties at competitive prices. Pole buildings may be used as a storage area, farm animal shelter, man cave, and more. Locally owned and operated, Beehive Buildings offers a 30-year color-fast guarantee on their work.

**Quail Ridge Business Complex**
2985 N 935 E
801-771-0273
Owner: Nicole Ordello
Business Type: Commercial building leasing
Website: None
Business Description: Leases commercial business buildings.

**RailPros Field Services**
360 S Fort Ln, Ste 3A & 3B
877-315-0513
Owner: Johnny Johnson
Business Type: Transportation consulting services
Website: [http://railpro.com/](http://railpro.com/)
Business Description: RailPros Field Services provides engineering, construction management and project management services for transportation infrastructure projects. The company offers expertise in design, engineering, and management of rail infrastructure projects on dense-traffic, mixed passenger, and freight corridors.

**Sunridge Assisted Living of Layton**
835 S Angel Street
801-544-2200
Owner: Scott Monson
Business Type: Senior Citizen Caregivers
Business Description: The goal of Sunridge Assisted Living of Layton is to provide the best care and service to all of their residents as if they were their own parents. They take the time to hire and train the best caregivers available. Sunridge Assisted Living is a locally owned and operated company that has been managing and owning Assisted Living communities since 2006.

**Next Flooring and Home**
717 N Main Street
385-209-1588
Owner: Ryan Taylor
Business Type: Carpet and flooring store
Website: [https://www.facebook.com/nexthomeproducts/](https://www.facebook.com/nexthomeproducts/)
Business Description: Retailers of tile backsplash, tile walls, tile floors, hardwood, reclaimed wood, laminate, carpet, pure vinyl fencing, and premium shutters in a variety of colors.

PARKS AND RECREATION NEWS

**Swim Across America Fitness Challenge**
Join Surf ’n Swim for our Swim Across America starting this month. Surf ’n Swim will be starting a new program to swim across America counting your miles done in the water. For more details, contact Layton Surf ’n Swim at 801-336-3939.

**Youth Lacrosse Registration**
This is the month to register for the Youth Lacrosse program, which will begin play in March. Grades kindergarten-8th grade are eligible. The Layton Ridge Lacrosse Club offers youth lacrosse leagues for residents in Layton and South Weber. For more information on cost, dates, and where to register, visit [www.imlaxutah.org](http://www.imlaxutah.org).

**Swimming lessons**
Layton Surf n’ Swim offers youth swim lessons for ages six months to 18 years of age. Lessons begin at 8:30 a.m. and 9:15 a.m. during the week.
Registration is now open for Session 15 classes on Monday, Wednesday and Friday. The session runs Feb. 4-15. Session 16 for classes on Tuesday and Thursday run Jan. 29-Feb. 14, and registration is open for those as well. There are also Saturday classes from Feb. 2-23, with registration opening on Jan. 7. Call 801-336-3939 or visit [www.laytoncity.org](http://www.laytoncity.org) for more information.
Layton City is taking orders for personalized paver bricks to be placed along the pathway at the newly constructed Vietnam Memorial Wall replica located at the north end of Layton Commons Park. Paver bricks are available in two sizes, 4” x 8” ($100) and 8” x 8” ($200), and are completely customizable by the purchaser. There are several image options to choose from, including military emblems, flags, and other symbols. Writing on the brick is customizable to the purchaser, with a limit on the number of characters for each brick size.

Bricks are engraved by a local company and are anticipated to be placed in mid to late spring 2019. Bricks can be purchased online at www.laytoncity.org/wall or in person at the Parks and Recreation Department, 465 North Wasatch Drive, Layton. For questions about bricks, please call 801-336-3900.

The holidays may be over, but that doesn’t mean vehicle burglary season has ended. Layton City averages a vehicle burglary a night, according to statistics from the Layton Police Department. However, in 80 percent of those burglaries, the owner either left a door unlocked, or a window open.

City police officers work diligently to prevent these types of crimes but stress that there are three easy steps residents can do to prevent becoming another statistic:

1. Lock your doors and windows.
2. Remove all valuables.
3. Park in well-lit areas.

Visit the following link to view a 90-second Layton Police video that highlights these vehicle crime prevention tips:
https://www.youtube.com/watch?v=9H82zB86ySo
AGB Speech Therapy and services booming in Layton City

by Nettie H. FRANCIS
Layton Today

LAYTON—“Every day is magical,” said speech therapist Ashley Bonkofsky, owner of AGB Speech Therapy in Layton. “My job doesn’t feel like work. I love helping children because there are so many ‘A-ha’ moments.”

Those magical moments are growing as Bonkofsky and her partners – Heather Amann of Better Learning Speech Therapy and Nick Sidwell of OT Innovations – fill an urgent need for child speech and occupational therapists in Davis County. Their booming clinic on Heritage Park Boulevard has grown from two full-time therapists to three full-time and two half-time therapists in less than a year. “We are currently exploring additional service provision models and a larger clinic space,” explained Bonkofsky.

Bonkofsky and her husband – who is active duty military – came to Utah four years ago from Arkansas, where they were both raised.

She first considered becoming a speech therapist in high school while observing her own mother, a kindergarten teacher. When the school therapist came into the kindergarten classroom, Bonkofsky realized that the therapist enjoyed the flexibility of a school schedule but worked with smaller groups of children. “I determined that speech therapy might be the right fit for me.”

After receiving an undergraduate degree from the University of Arkansas at Little Rock, she went on to the University of Arkansas for Medical Sciences. Her first job was with Cabot Public School District in Arkansas, then for the Department of Defense Education Activity at RAF Lakenheath military base in England, and now in Utah with her husband’s military assignment.

She specifically supports children who need help with stuttering, speech delays, and Apraxia of speech, among other speech disorders.

“As after working for two years in the Davis School District, I realized that seeing kids one on one and having my own schedule was very appealing,” she shared. “There was also tremendous need for additional speech services in this area.”

But she did not anticipate how quickly her private services would be in demand. Starting with only home visits in 2016, Bonkofsky soon established an office space in June 2017 with Amann, where clients came to them. Within a few months they had also partnered with Sidwell and hired additional staff. Offering speech therapy and occupational therapy in the same space is very beneficial.

“Growing so quickly still shocks and surprises me,” Bonkofsky explained. “We always knew we would be successful because there is a large population of children here and our services are so valuable for families, but we didn’t realize how quickly our reputation was going to proceed us. It’s always humbling when people across the nation ask ‘How are you marketing?’ and it’s mostly word of mouth.”

So, what’s a typical day like for a speech therapist?

“It’s different every 30 minutes,” she smiled. “Every client has different needs and I approach each session differently. The child’s style and family dynamic creates an opportunity to stay on my toes all day and think creatively about how we’re going to address the goals we have for that kiddo.”

Parents who bring their children certainly feel her commitment. “In just a
Two locals graduate from Park University in December

Park University held its December 2018 Kansas City Area Commencement ceremony on Dec. 8 at the Community of Christ Auditorium in Independence, Mo. The University had 433 students eligible to participate in the ceremony – 174 students received a master's degree and/or a graduate certificate, and 259 students received a bachelor's degree, associate degree and/or undergraduate certificate. Among those graduates were:

- Rebecca M. Clark, graduate of Layton High, Master of Arts in Communication and Leadership
- Christopher J. Francis, graduate of Northridge High, Master of Business Administration

Continued from page 11

... few short sessions Ashley had pinpointed the exact problem with the formation of my son's letters and found a path to improve it. We have seen great progress and are so happy with the path he is on now,” reported one child's mother, Whitnie Bowden. “Ashley was the best thing that ever happened to our family,” another parent, Jennifer Fox, said. “Her passion for teaching speech was immediately obvious when she started working with our 2-year-old son. He went from speaking only a few words to a child who is talking so much we have to ask him to be quiet sometimes. We feel ever indebted to her because hearing our little boy speak is priceless.”

“We have a heart for children and a passion for communication,” smiled Bonkofsky. “When we see little friends who can’t get their wants and needs met communicatively that’s what fuels our fire. When families can communicate with and help their kids it’s very rewarding.”

With speech and communication issues now affecting about 10 percent of the population, she has her own theory on the quickly growing disorder.

“I personally believe that there is a component for screen time that contributes to the high statistic. Communication isn’t done with a screen, it’s done face to face, getting on the floor and playing with your kiddo. So I think there is a need to advocate for less screen time – especially under the age of three.”

“What does she recommend for concerned parents?”

“I trust that what we offer and how we help children is the reason that we’re growing so quickly,” she said. “And that our services continue to be something that the community finds valuable.”

For more information visit agbspeechtherapy.com. It's located at 471 Heritage Park Blvd. #5 in Layton. Phone is 801-217-3390.
Dante Joseph was named All-Conference in football

Decorah, Iowa – Dante Joseph, a 2015 graduate of Northridge High School, has been named American Rivers Conference (A-R-C) first-team all-conference at defensive back. The announcement of the 12-member first-team defensive squad was made Nov. 15, 2018. This is the first time he has been named all-conference. He was a second-team honoree in 2017.

Joseph, a co-captain, finished the A-R-C schedule ranked sixth in the league for tackles per game with an average of 7.0. He tallied 92 collections for the year, had four pass break-ups, one interception, one forced fumble and one fumble recovery. He finishes his career with 273 tackles and seven interceptions. His tackle total ranks seventh on Luther’s all-time list.

Joseph is the son of Sharlette Crenshaw and Robert Joseph of Layton. Luther College is a four-year liberal arts college affiliated with the Lutheran Church and is located in Decorah, Iowa. The Norse compete in 10 men’s and nine women’s intercollegiate sports.

Since 1922, Luther’s men’s and women’s sports have combined to capture 246 conference championships. The men’s teams have won 166 and the women’s teams have won 80.

More information on Luther athletics can be found at http://luther.edu/sports.

FORMER NORTH RIDGE HIGH FOOTBALL STAR Dante Joseph was named to the All-American Rivers Conference team for his play at Luther College in Decorah, Iowa.

Heads to university together, Layton High soccer stars, from left, Kinlee McMillan, Meg Edwards, and Atley Thompson, have signed to play for Utah State University-Eastern this fall.

by Catherine Garrett
For Layton Today

Layton High soccer players Meg Edwards, Atley Thompson and Kinlee McMillan have been playing together for years on the Lancers squad as well as on the Wasatch Elite club team. Now, the trio will be continue on with the Utah State University-Eastern program.

“We feel like we got pretty lucky with these three,” USU-E head coach Ammon Bennett said. “They will all be major contributors for us.”

Layton High coach Tara Ferrin credited each of her three players for the success of their high school team. “Meg brought enthusiasm, Atley brought determination and Kinlee brought passion,” Ferrin said.

Bennett said he was initially recruiting Edwards as a goalkeeper a couple of years ago and his assistant coach Corey Jorgensen Foote, a Layton High alum, came to the 6A state championship game this past fall. Foote returned to the Price campus and told Bennett that he should also consider Thompson and McMillan in their 2018-19 recruiting class.

“It turned out we needed those positions as well so we had them come and visit,” Bennett said.

Edwards, the daughter of Bill and Jarynn Edwards of Layton, has been playing soccer for more than 10 years. She didn’t originally play on the field in a defensive position but when her team needed a goalkeeper a few years later, she found herself guarding the net. “I was a lot better as a keeper,” Meg Edwards said. “Blocking or scoring is so amazing, but defense wins games and I found that I really liked playing defense.”

The two-time First Team All-State goalkeeper said she is thrilled and grateful to have the opportunity to continue to play soccer and credits her parents and family and “everyone who helped me get here.”

Thompson, the daughter of Tat and Holly Thompson of Layton, began playing soccer when she was three years old and it wasn’t long before she had her eye on continuing the sport in college. She is a two-time Second Team All-State midfielder who netted 13 goals this season, and also plays on Layton’s basketball team with Edwards and McMillan.

Thompson said having two teammates to play with at USU-E made the decision “much easier” while also enjoying the thought of being close enough to home to still visit and have family and friends at home games. “It is so fun to be able to do what I love with teammates that I love,” she said.

McMillan, daughter of Jason and Jenni McMillan of Layton, got involved in soccer when she was three and has been playing competitive soccer for five different club teams over the past 10 years. The defender and midfielder said she is excited to play at USU-E with some of her closest friends. “I felt a connection with the coaching staff and the other girls and knew that this would be a great college for me. I can’t wait to be an Eagle!”

For all that Kinlee has learned on the field over the years, the past two years at Layton High with Ferrin as the new coach, she said her perspective with soccer changed. “She taught me not only how to be a better player but be a better person,” Kinlee said. “I’ve seen that it’s not only fun, but you can constantly improve yourself by working hard and pushing yourself every game and every practice.”
of one of our citizens, officers, or firefighters.”

Kuehn also said one of the toughest things about the job is going back and forth between routine and stressful calls, often without the chance to decompress in between. “Dispatchers also find it important to get ‘closure’ on some calls by learning what was really happening on the other end of the phone, or how a situation was resolved,” he stated. “Knowing the beginning, but rarely the end of every story can be stressful in itself.”

“It’s not a job for everyone,” Kuehn stressed. “Just like any 24/7 job, there are significant stresses on sleep schedules and achieving a balance between work and family life. We’ve all missed many school performances, birthday parties, and holiday dinners over the years. Many of our families just learn to celebrate on a different day with family, while spending the holidays with our ‘dispatch family.’”

When it comes to handling the stress, Kuehn said every dispatcher is different. “Some prefer to exercise, while others spend quality time with family. Some immerse themselves in the public safety culture in their social groups, while others try to leave it all behind at work.”

He also stressed the importance of humor on the job. “One common thing among dispatchers is the ability to laugh at the funnier parts of the job – so many parts of the job are so serious that it’s important to find humor whenever possible. Talking about particularly stressful calls with co-workers, officers, firefighters and our CSI team also helps immensely. If a call is particularly bad, we do have support through a Critical Incident Stress Debriefing process,” Kuehn noted. “Handling pressure short term for me is having that co-worker outlet that I can turn to if I need to,” Shumway stated. “I make it a point to remember that it’s OK to be sad, and OK to cry if you need to, after all we are human too. One of the perks is we have a second family here that we can rely on.”

She continued: “It’s important to have built-in networks in your life that you can reach out to for help if needed. I also think it is imperative to laugh when you can, and to do something just for you each day that makes you happy or brings you a smile. Honestly, even small things like soda runs with my co-worker friends are something that I look forward to. For long term, I count my wins as I go, so I can have them to fall back on when I hit a huge loss. It helps me keep hope for future calls and avoid burnout. Wins are the saves, the calls where the work we put in had a positive outcome, or the ones that simply made us feel good.”

Layton’s call center roughly handles about 50,911 calls daily, plus another 175 non-emergency calls. The City has 16 total positions – 12 dispatchers, three supervisors, and one manager. Among the dispatchers about 75 percent are female and 25 percent are male, a ratio that is fairly common at all dispatch centers. Kuehn said the 24-hour schedule isn’t hard to fill in itself, but it is difficult to find, train and retain dispatchers. Out of those that apply for dispatch, he only finds about one in 100 that can pass all the tests, pass a background check, and complete the rigorous training.

“Couple that with the stresses of the job on self and family, and many people decide it isn’t for them,” he stated. However, we also have many, many skilled and dedicated dispatchers who make it a career – we had one just pass his 34-year mark with Layton Dispatch.”

How do dispatchers define success on the job? “Success for us is defined by the daily interactions with people where we can help to make a difference, whether that is large or small. Success to us means that everyone goes home safely, from our citizens to our first responders. The mantra over our door says it all, ‘Everyone Goes Home,’ Kuehn stated. “Shumway stressed the rewards of her job are immense. “One of the reasons I love this job is because it is not a ‘clock in, clock out, just collect your paycheck’ type job,” she stated. “I am thankful that I have the opportunity to make lifetime impressions with people when they need it most. There are callers and patients that I still cheer for today even though it may have been months or years since their desperate call for help. The reward can truly be immeasurable and can be equally humbling. I’m proud to serve the community of Layton City.”
Hilltop Times goes digital

by Becky GINOS
Lucayon Today

SALT LAKE CITY—Hill Air Force Base was established before the United States entered World War II and continues to be an integral part of Davis County. Along the way the base's newspaper the Hilltop Times reported on everything that took place there, preserving a rich history from 1943 to today.

Recently, the University of Utah's J. Willard Marriott Library announced it has added the Hilltop Times to its Utah Digital Newspapers. “It's 90 percent of the entire run from the beginning,” said Tina Kirkham, Digital Projects Manager for the Marriott Library Digital Services Department. “We'll be done up to 2006 by the end of the year. It's a one-time project to get the historical paper online. It's still produced in digital form right now at hilltoptimes.com.”

Kirkham said it was Aaron Clark, director, Hill Aerospace Museum who really spearheaded the effort to get the paper digitized. “He spent a number of years to get this up and running,” she said. “We work with vendors to do the actual digitization but he had to do the organization.”

In the last 20 years or so the library microfilmed it all, said Kirkham. “Photographs were made of each page and the film had to be developed. Microfilm is good for storage because it doesn’t deteriorate where paper will. But it made digitizing it much easier and faster.”

Kirkham said the process uses a special scanner designed to scan microfilm. “It can hold 1,500 newspaper pages and takes about three minutes,” she said. “That’s a big difference from hand scanning printed pages.”

A digital image is taken of the newspaper pages but it is still searchable. “It uses optical character recognition (OCR) software to look at the image and detect English words,” said Kirkham. “It will try to read them and then pushes that into a separate file as just text. It creates a giant searchable database. If you enter a name it will show up where that word appears.”

The project has taken about a year. “There was a lot of planning and transporting of reels,” she said. “We have a large number of newspapers here and sometimes we borrow from other organizations but in this case we happened to have it in the building.”

The library has 160 different Utah papers digitized. “It’s only a small percentage of newspapers that have published in Utah,” Kirkham said. “The first paper was published in 1851 and there have been more than 600 papers started over the years.”

To access the Hilltop Times or other digitized papers visit digitalnewspapers.org.

FIRST BABIES
Davis County’s two newest residents were welcomed into the New Year at Intermountain Layton Hospital and Davis Hospital and Medical Center. Kate Bass (top) was born at 12:01 p.m. on Jan. 1, 2019 weighing in at 5 lbs 12 oz to Kyle and Brooke Bass. Rachel Reynolds (above) was born at 3:23 a.m. Jan. 1, 2019 to Kean and Katie Reynolds and weighed 8 lbs 2 oz.

COURTESY PHOTOS

Make Headlines with Us!
Davis County’s largest circulated newspapers are looking for self asserting sales professionals to join our team!

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Ah, the season is upon us, when those around you begin talking about how, this year, they are going to change their lives for the better. The result, you feel compelled to do likewise. Yet, looking back at previous New Year's Resolutions only leads to feelings of failure. Don't panic if you fall into this group, most people do. In fact, more than 80 percent of people do not keep New Year's Resolutions. Our culture's idea of setting large, unrealistic goals at the beginning of each year is a flawed notion. The majority of New Year's Resolutions are unrealistic and too broad. Don't let this discourage you; making positive changes in your life this year is still possible.

Start Small
There is nothing wrong with large long-term goals. However, it is important to remember they are just that, long-term and meant to be achieved over several years, not in one year or before summer begins. Make long-term goals achievable by breaking them into smaller goals. For example, instead of "I am going to go healthier," change the goal to "I am going to eat more veggies." We have made it smaller by focusing on one food group of everything you eat. However, this goal is still far from achievable as it is still too broad.

Make it Specific to Your Individual Situation
Solve the problem of broad goals by using the acronym SMART.

- S = Specific: Think, what exactly do you want to accomplish? Ask what, where, when, and how. For example, determine an amount of veggies and which meal to eat them with. Creating specific goals may appear to complicate things; however, specific goals are more achievable.
- M = Measurable: Add numbers to measure your goal (e.g., veggie amount and number of days per week you will add veggies).
- A = Attainable: Do you have the skills required to work on the goal? For instance, if you add one veggie side dish to dinner, choose one you are comfortable preparing.
- R = Relevant/Realistic: Relevant goals are important to you. While realistic goals fit within your time, family, job, and other commitments.
- T = Timely: Give yourself a realistic time period to work on your goal. Nonetheless, do not stop once "your time is up." Instead, review your goal, then adjust as necessary or take the next step by creating a new goal.

Thus, by using the acronym SMART, the unrealistic goal, "I am going to eat healthier" could change to, "I am going to eat one serving of vegetables at dinner, three days a week. I will give myself until March to achieve this goal."

Think of Goals as Experiments
Think of your small and realistic goal as an experiment. Here is why: in experiments there are no true failures. As, there is always something to learn, even when you do not get the desired results. The most important things you learn about are the obstacles making your goal difficult. Recognizing your obstacles is central to successful change, as it allows you to go back and make your goal SMART-er than it was before. Once you realize where to adjust your goal/experiment, make alterations to make your goal more realistic, then restart your goal right away.

Kimberly Funk, MS, RDN is a registered dietitian nutritionist who is passionate for helping people make healthy and enjoyable food choices. She believes that healthy eating does not need to be rigid and that all your favorite foods can fit into a healthy lifestyle. You can find her working at the Kearns Oquirrh Park Fitness Center or at kimberlyfunk.rdn@gmail.com